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Voksne for Barn

- Norwegian non-profit organization
- Members and activities nationwide
- Promote positive mental health and well-being for children, youth and families and prevent mental illness.
- Target groups: children, parents/careers, professionals

Areas of work:

- Participation by children and youth, user involvement and parenting support

Educating Spokespersons

- Knowledge about children's mental health
- Children's legal rights to participate
- Communication and networking
- Presentation techniques
- Methods for user-participation



Voicing children's interest!

- National network of volunteers (Spokespersons)
- Advocacy on behalf of children
- Help put children and their interests on the agenda



User-participation

- Legislated right
- Promotes mental health and well-being
- Important experience-based knowledge from young users, when developing and improving MH services



National Network for Youth with mentally ill parents and/or substance abuse

Main aim:

- Support each other through shared experiences
- Share and present experience-based knowledge to professionals and decision-makers







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